

# DUNE DE FLANDRES

**NOVEMBER 20-21, 2010**

COMPETITION INTERNATIONALE  
DE PATINAGE ARTISTIQUE, DANSE, SYNCHRO ET  
BALLET POUR ADULTES

Organisée par le Club Dunkerque  
Patinage

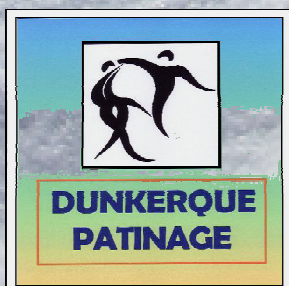
<http://dunkerquepatinage.free.fr/>

Email: [andre.vincent@holcim.com](mailto:andre.vincent@holcim.com)



**PATINOIRE MUNICIPALE MICHEL RAFFOUX**

11 Place Paul Asseman-59240 Dunkerque, France



Fédération Française  
Sports de Glace



Les grands horizons  
Ville de Dunkerque

# **I.GENERAL INFORMATION**

## **I.1 RULES**

Age and test qualifications as of November 1st , 2010 (close of entries) will determine classification.

## **I.2 ELIGIBILITY**

This event is open for participation to all eligible competitors who are members in good standing *with their National Figure Skating Association*. Entries from members of clubs having a probationary status will be accepted provided the entry is accompanied by a signed certification by the skater that (s)he is properly qualified to participate in the events mentioned.

Skaters can enter only one ( 1) compulsory Ice Dance Level. Skaters can enter only one (1) level of adult free skating event. In addition, a skater can also enter the Pairs Freeskating event, The Creative skills event, the Artistic Freeskating event, the Solo dance event, The Original Dance event, and the Free Dance event . In the Solo dance event skaters can sign up in maximum two different levels however not more than one level higher than tests passed. Man and women will be combined in the Creative skills event.

The organizers invite the participation of ex-elite skaters. A special category called "Elite Masters" will be added to the competition for these skaters.

Masters Elite Free Skating according to the rules for Masters Free Skating ( please see required jump elements list )

Masters Elite Pair Skating according to the rules for Masters Pair Skating.

Masters Elite Ice Dancing according to the rules for Gold Dance.

All other skaters of an ISU Member Federation who meet the age requirements may participate.

A skater competing after July 1, 2010 in an ISU Championship or National Championships Of a Member Federation ( other than an Adult Nationals Championships ) or a competition from which a skater qualifies for the National Championships of a Member Federation ( other Than an Adult National Championship ) may NOT participate in this competition. Coaches Are authorized to participate.

All other members of an ISU Member Federation who are not younger than 18 years of age on November1st 2010 may participate.

## **I.3 AGE CATEGORIES**

The following age categories apply to all Free Skating events.  
Interpretive and Improvisation events will be grouped by level .

**Based on the number of entries, some classes may be combined.**

Young Adult	18 yrs - 27 yrs
Class I	28 yrs - 36 yrs
Class II	37 yrs - 46 yrs
Class III	47 yrs - 56 yrs
Class IV	57 yrs+ over

### **Pair Skating and Ice Dance Age Categories:**

Young Adult : 18-27 years

Adult : 28+

All age categories may be combined or divided depending on the number of registrations. Proof of age is required for all events. Copy of birth certificate, passport or similar proof of age is acceptable. The Organizing Committee reserves the right to require additional documentation.

## **I.4 JUDGING**

**The new ISU judging system will be used for most categories.**

## II. COMPOSITION OF EVENTS

### II.1 SOLO FREESKATING EVENT :

This category consists of completing a well balanced freestyle program. Programs will be timed.

Ladies in singles will no longer be required to wear a skirt for their performances. A skirt, trousers or tights will be permitted. For both men and ladies sleeves will no longer be compulsory. Male skaters must wear trousers. As before, tights are not permitted.

A well-balanced Freeskate program should contain the following choice of jumps for each appropriate category and age level :

Masters Young Adult  
Program Timing 3m40s

The rules for the Elite category will be the same as the Masters category with the exception of the double loop which will be REPLACED by double flip as the required element jump.

	<b>Jumps</b>	<b>Spins</b>	<b>Steps</b>
<b>ELITE 3m10s max</b>	A maximum of 7 jump elements one of which must be an Axel type jump. Single, double and triple jumps are permitted. There may be up to (3) jump combinations or jump sequences in the Free program. One jump combination could consist of up to three (3) listed jumps, the other two up to (2) two listed jumps.	A Maximum of three (3) spins. One must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot.	A maximum of one step sequence (i.e, circular, straight line, serpentine) Obligatory
<b>MASTER 3m10s max</b>	A jumps sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, etc. Immediately following each other while maintaining the jump rhythm (knee); there can be not more than two (2) three turns/Mohawks during the sequence. However, only the two jumps with the highest value will count.	There must be a minimum of two (2) revolutions in each position or the position will not be counted.	Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.
<b>MASTER YA 3m40s max</b>	<p>Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non listed jumps may be included in the program as part of connecting footwork.</p> <p><b>YA ( 3m40s max ) : required program elements</b> Double loop + (2) different double jumps of choice</p> <p><b>Class I ( 3m10s ) : required program elements</b> Double loop + (2) different double jumps of choice</p> <p><b>Class II ( 3m10s ) : required program</b></p>		<p><b>Elite and Master YA and MASTERS:</b> One step sequence and one spiral sequence required.</p>

<p><b>The panels points for each Program Component are multiplied by a factor of 1.6</b></p>	<p><b>elements</b> Double loop + (1) different double jump of choice</p> <p><b>Class III ( 3m10s ) : required program elements</b> Axel + (1) double jump of choice</p> <p><b>Class IV ( 3m10s-but may be less ) : required elements</b> Lutz + toe loop combination, or Lutz + Loop</p> <p><i>( we need to find the element at least one time in the program, solo or in sequence or combination )</i></p> <p>* a deduction of 2.0 will be accounted for if the required element has not been executed</p>		
<p><b>GOLD 2m40 max</b></p>	<p>A maximum of six (6) jump elements, consisting only of single jumps including the single Axel and double jumps, <b>excluding double Flip, double Lutz and double Axel.</b></p> <p>A jump combination may consist of the same or another single or double jump with the exclusion of the jumps as above. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single and double jumps, excluding a double Flip, a double Lutz, a double Axel and all triple jumps that may be linked by non-listed jumps like mazurkas, etc. immediately following each other while maintaining the jump rhythm (knee); there can be not more than two (2) three turns/Mohawks during the sequence; there can be no crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.</p> <p>Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.</p> <p><b>YA ( 2m40s max ) : required program elements</b> Axel + (2) different double jumps of choice</p> <p><b>Class I ( 2m40s ) : required program elements</b> Axel + (1 ) different double jumps of choice</p>	<p>A maximum of three (3) spins, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for the flying spin with no change of foot after landing, four (4) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot.</p> <p>There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p>	<p>A maximum of one step sequence (i.e, circular, straight line, serpentine) Obligatory</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p>

<p>The panels points for each Program Component are multiplied by a factor of 1.6</p>	<p>Class II ( 2m40s ) : required program elements Axel + (1) different double jump of choice</p> <p>Class III ( 2m40s ) : required program elements Axel</p> <p>Class IV ( 2m40s but may be less ) : required elements Flip + toe loop combination, or Flip + Loop ( we need to find the element at least one time in the program, solo or in sequence or combination )</p> <ul style="list-style-type: none"> <li>a deduction of 2.0 will be accounted for if the required element has not been executed</li> </ul>		
<p><b>ADULT SILVER</b> 2m10 max</p> <p>The panels points for each Program Component are multiplied by a factor of 1.6</p>	<p>A maximum of five (5) jump elements; <b>The Axel type jump and only all other single jumps are permitted.</b> A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. immediately following each other while maintaining the jump rhythm (knee); there can be not more than two (2) three turns/Mohawks during the sequence; there can be no crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or an axel type jumps.</p> <p>Class YA, I,II,III: Class IV ( 2m10s but may be less ) required program elements Lutz+ Toe loop combination or Lutz + Loop ( we need to find the element at least one time in the program, solo or in sequence or combination )</p> <p>* a deduction of 2.0 will be accounted for if the required element has not been executed</p>	<p>A maximum of three (3) spins, one of which must be a spin combination with a change of foot. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p>	<p>A maximum of one step sequence (i.e, circular, straight line, serpentine) Obligatory</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p>
<p><b>BRONZE</b> 1m40 max no Axel, no</p>	<p>A maximum of four (4) jump elements. <b>Only single jumps are permitted</b>, no Axel type jump, no double or triple jumps can be</p>	<p>A maximum of two (2) spins; The spins must have a required minimum</p>	<p>A maximum of one step sequence (i.e, circular, straight line,</p>

<p><b>double jumps</b></p> <p>The panels points for each Program Component are multiplied by a factor of 1.6</p>	<p>included. A jump combination may consist of the same or another single jump. There may be up to three jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, etc. immediately following each other while maintaining the jump rhythm (knee); there can be not more than two (2) three turns/Mohawks during the sequence; there can be no crossovers or stroking during the sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or double jumps.</p> <p><b>Class YA, I,II,II,IV ( 1m40s max ) : required program elements</b> Salchow and Toe Loop</p> <p><i>( we need to find the element at least one time in the program, solo or in sequence or combination )</i></p> <p>* a deduction of 2.0 will be accounted for if the required element has not been executed</p>	<p>number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with change of foot. <b>Flying spins are not permitted.</b> There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p>	<p>serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a circle, half a serpentine, half of a straight line etc.). In case of a <b>circular</b> step sequence a full circle is required covering 1/2 the ice surface.</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p>
<p><b>PRE-BRONZE</b> <b>1m40 max</b></p> <p>only half rotation or single jumps, no flying spins</p>	<p>The number of half and single-revolution jumps is not limited. These jumps may be repeated as individual jumps and in jump combinations and sequences. <b>No Lutz, Axel or double jumps are permitted.</b> Jump combinations: Optional. No more than three jump combination or sequences of jumps ( number of jumps to be included is free ) allowed. No Lutz, Axel or double jumps are permitted.</p> <p><b>Class YA, I,II,II,IV ( 1m40s max ) : required program elements</b> Waltz jump and Toe Loop</p> <p><i>( we need to find the element at least one time in the program, solo or in sequence or combination )</i></p>	<p>A minimum of two spins . No flying spins are permitted. Spins must have a minimum of three (3) revolutions.</p>	<p>Connecting steps throughout the program are required.</p>

## II.2 PAIR SKATING

Adult pair event consists of Free Skating only. Each pair shall consist of a lady and a man and will be judged with emphasis on unison and musical interpretation. The note in artistic primes in case of a tie. Ladies in pairs will no longer be required to wear a skirt for their performances. A skirt, trousers or tights will be permitted.

There will be two distinct age categories:

Young adult : 18– 36 years

Adult: 37 years and over

A well balanced pair program must contain;

<p><b>MASTERS</b> <b>3m10s max</b></p>	<p>a) A maximum of three (3) different lifts, one of which may be a twist lift.</p> <p>b) A maximum of two (2) throw jumps (single or double);</p> <p>c) A maximum of two (2) solo jumps. Single, double or triple jumps are permitted. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.</p> <p>d) A maximum of one (1) jump combination with a maximum of three jumps included or one (1) jump sequence (the two jumps with the highest value will count for points)</p> <p>e) A maximum of two (2) pair spins of different nature. The spins must have a required minimum number of revolutions: four (4) revolutions for a pair spin without change of foot and eight (8) for a pair spin with change of foot.</p> <p>f) A maximum of one solo spin or solo spin combination. The spin must have a required minimum number of revolutions: five (5) for the flying spin and five (5) for the spin with only one position and ten (10) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted</p> <p>g) A maximum of one death spiral or pivot spiral (position optional). At least <math>\frac{3}{4}</math> revolution in pivot position by the man is required.</p> <p>h) A maximum of one step sequence (i.e, circular, straight line, serpentine) or spiral sequence that fully utilizes the ice surface. Only the first executed sequence (step or spiral sequence) will be considered. Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p> <p>Factor The panels points for each Program Component are multiplied by a factor of 1.6</p>
<p><b>GOLD</b> <b>3m10s max</b></p>	<p>a) Two different lifts, but not more than three.. All lifts may be selected from Group 1, or one lift may be from Group 1 and the remaining two lifts may be a forward press lift, a two-handed star lift, a platter lift or a single twist lift. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are not permitted. However, if a pair executes a platter lift, the release of the lady's hands after the lift extension is achieved is not a violation of the rule if the handhold is reestablished before the <b>dismount</b>.</p> <p>b) One throw single jump, but not more than two different throw single jumps. Throw Axel is permitted. <b>Throw double jumps are permitted.</b></p> <p>c) One solo single jump, but not more than two different solo single jumps. Axel is permitted. <b>Double jumps are permitted.</b></p> <p>d) One jump combination or sequence (number of jumps to be included is free).</p> <p>e) One pair spin, but not more than two. Minimum of three (3) <b>revolutions</b>.</p> <p>f) One solo spin. Minimum four (4) revolutions in total.</p> <p>g) One death spiral or pivot spiral (position optional)H. One step sequence (i.e., circular, straight</p>

line, serpentine) utilizing at least one-half (½) of the ice surface.

Factor

The panels points for each Program Component are multiplied by a factor of 1.6

<p><b>SILVER</b> <b>2m40s</b> <b>but may be less</b></p>	<p>a) One lift, but not more than two different lifts, one of which must be from Group 1. The remaining lift may be from either Group 1 or 2. Pairs may perform a twist lift. Overhead lifts are not permitted.</p> <p>b) (Optional ) One throw single jump, but not more than two different throw single jumps. Throw Axel is permitted. <b>Throw double jumps are not permitted.</b></p> <p>c) One solo single jump, but not more than two different solo single jumps. Axel is permitted. <b>Double jumps are not permitted.</b></p> <p>d) One jump combination or sequence of jumps (the number of jumps to be included is free), limited to half and single rotational jumps, including the Axel jump, only. Double jumps are not permitted.</p> <p>e) One pair spin, but not more than two different pair spins. Change of foot or position is not permitted. Minimum of three (3) revolutions in each pair spin.</p> <p>f) One solo spin, but not more than two different solo spins. One change of position is permitted. Change of foot is not permitted. Minimum of three (3) revolutions in each solo spin.</p> <p>g) One pivot or death spiral. Skaters may choose the position and hand hold.</p> <p>h) One step sequence (i.e. circular, straight line, serpentine) utilizing at least half of the ice surface.</p> <p>Factor The panels points for each Program Component are multiplied by a factor of 1.6</p>
<p><b>BRONZE</b> <b>2m10s max</b></p>	<p>a) Lifts are optional, but no more than two different lifts may be performed. one may be a waist loop lift . Overhead lifts are not permitted.</p> <p>b) One throw single jump (optional). No throw Axel or double jumps are permitted.</p> <p>c) One solo single jump, but not more than two different solo single jumps. No Axels or double jumps are permitted.</p> <p>d) One jump combination or sequence of jumps (the number of jumps included is free), limited to half and single rotational jumps only. No Axel or double jumps are permitted.</p> <p>e) One pair spin, but not more than two different pair spins. Change of foot or position is not permitted. Minimum of three (3) revolutions in each pair spin.</p> <p>f) One solo spin, but not more than two different solo spins. Change of foot or position is not permitted. Minimum of three (3) revolutions in each spin.</p> <p>g) One pivot spiral (optional), but no more than one pivot spiral may be performed. Death spiral is not <b>permitted.</b></p> <p>h) One step sequence (i.e. circular, straight line, serpentine) utilizing at least half of the ice surface.</p> <p>Factor The panels points for each Program Component are multiplied by a factor of 1.6</p>

## **II.3 CREATIVE SKATING SKILLS PROGRAM**

Creative skills are included in three categories, Bronze, Silver, and Gold. The skating skills program is not to exceed 2m minutes for all categories. There will be no credit for jumps and spins . Any spin ( more than 2 turns ) or jump will be judged as an illegal element ( 2.0 deduction);

Duration: not to exceed 2 minutes

Music Tempo: minimum 112 beats per minute

Music: Skater's choice

- Music should have a rhythmic beat
- Two or three selections of music may be used
- Can be vocal
- Dress code: appropriate to the choice of music

### **BASIC GUIDELINES TO REQUIRED CONTENT:**

- Three step sequences are required: Straight Line, Circular, and Serpentine shape. More than one example of each shape may be included provided that the music time does not exceed two minutes, however only the first executed of each shape that meets the requirements will receive point value. All others will be considered in the technical transitions score.
- May include one stop not exceeding five seconds.
- Inclusion of recognizable Skating Skills exercise components (rockers, counters, hip twists, loops, etc) will be rewarded. Changes of edge, rockers, choctaws and other such steps and turns, and multi-directional skating, etc. will be rewarded.
- Speed should match the type of element or step. Difficulty of steps + speed + control of execution is the most important combination of skills demonstrated.
- Small hops, toe steps and small jumps of no more than half rotation are permitted.
- Spins of more than two rotations are not permitted.
- Excessive skating on two feet is considered as an inability to skate and should be penalized.
- Spirals/ Moves in the Field Sequence (circular or serpentine): Each position must be held for at least two seconds to be counted. There must be at least three different positions of at least two seconds in this sequence.
- Serpentine shape must have at least two bold curves of not less than one half the width of the ice surface and must go from end to end.
- Straight line shape commences at any place of the short barrier and goes to any place of the opposite short barrier keeping the approximate shape of the straight line.
- Circular shape can be oval or circular but must cover the width of the ice.

Note: The minimum requirements for a step sequence to be identified are as follows:

The step sequence must cover at least half of the ice surface in the designated pattern. Step sequences that are too short or barely visible will not be identified or receive points. Under 6.0 a 0.4 deduction will be applied.

- Straight line must go from one end of the ice to the other (length) in a direct manner (without bold curves)
- Serpentine must have at least two bold curves of not less than ½ the width of the ice, moving from one end of the ice to the other (length)
- Circle may be circle or oval in shape but must cover the width of the

### **Restrictions:**

- Any stops must not exceed 5 seconds. A stop of more than 5 seconds results in a 0.5 deduction in the Transitions/ Linking footwork score from each judge.
- Jumps of more than ½ rotation shall be ignored and not considered in the marking
- Spins of more than 2 revolutions shall be ignored
- Lying on the ice or Kneeling/ sliding on two knees or supporting the weight with the hands on the ice is not permitted. A -2.0 deduction for illegal movements shall be taken by the referee for each illegal movement.

<p>Required elements for the Creative Skating Skills program are</p>	<p>Program must include 3 Step sequences:</p> <p><b>Straight Line, Circular/Serpentine ( not FM ), Circular /Serpentine ( FM )</b>  More than one example of each shape may be included provided that the music time does not exceed two minutes, however only the first executed of each shape that meets the requirements will receive point value.</p>
<p><b>Bronze Category</b>  <b>Category/requirements</b></p> <p>Multiple three-turns, loops, and brackets.</p> <p>Clean edges and turns will be rewarded.</p>	<p><b>Program must include 3 Step sequences:</b>  <b>Straight Line, Circular/Serpentine ( not FM ), Circular /Serpentine ( FM )</b></p> <ul style="list-style-type: none"> <li>• The straight line sequence must include a series of three ( 3 ) or more loops.</li> <li>• The circle/serpentine that is not field moves must include a series of multiple three turns and brackets</li> <li>• The circle or serpentine sequence must be primarily field moves: each position must be held for at least 2 seconds to be counted. There must be at least 3 different positions of at least 2 seconds in this sequence.</li> </ul>
<p><b>Silver and Gold</b>  <b>Category/requirements</b></p> <p>Multiple three turns, loops, twizzles, counters, rockers</p> <p>Clean edges and turns will be rewarded.</p>	<p><b>Program must include 3 Step sequences:</b>  <b>Straight Line, Circular/Serpentine ( not FM ), Circular /Serpentine ( FM )</b></p> <ul style="list-style-type: none"> <li>• The straight line sequence must include a two ( 2 ) twizzles on one foot with up to one step in between, no stop(s) are allowed before and /or between twizzles.</li> <li>• The circle/serpentine that is not field moves must include a series of counter and rocker turns</li> <li>• The circle or serpentine sequence must be primarily field moves: each position must be held for at least 3 seconds to be counted. Free leg ( including knee and foot ) higher than the hip level. There must be at least 3 different positions of at least 3 seconds in this sequence.</li> </ul>
<p><b>Masters Category</b>  <b>Category/requirements</b></p> <p><u>Turns:</u> three turns, twizzles, brackets, loops, counters, rockers.</p> <p><u>Steps:</u> toe steps, chasses, Mohawks, Choctaws, curves with change of edge, cross rolls.</p> <p><u>Simple variety ;</u> must include at least 6 types of turns and 4 types of steps. None of the types can be counted more than once.</p> <p><u>Variety:</u> must include at least 8 types of turns and 4 types of steps. None of the types can be counted more than once.</p> <p><u>Complexity:</u> must include at least 5 different types of turns and 3 different types of steps all executed at least once in both directions.</p>	<p><b>Program must include 3 Step sequences:</b>  <b>Straight Line, Circular/Serpentine ( not FM ), Circular /Serpentine ( FM )</b></p> <ul style="list-style-type: none"> <li>• The straight line sequence must include immediate change of rotational direction executed by rockers and/or counters and/or twizzles and/ or quick steps following each other. Moderate use of upper body movement.</li> <li>• The circle/serpentine that is not field moves must include immediate change of rotational direction executed by rockers and/or counters and/or twizzles and/ or quick steps following each other. Moderate use of upper body movement.</li> <li>• The circle or serpentine sequence must be primarily field moves: each position must be held for at least 3 seconds to be counted. Change of edge in Spiral. There must be spirals on both feet, forward and backward, inside and outside edge.</li> </ul>

## **II.4 ARTISTIC FREE SKATING**

### **Artistic Free Skating**

There will be two “**Artistic Free Skating Events**” for Ladies

Ladies Masters/Gold

Ladies Silver/Bronze

and two “Artistic Free Skating Events” for Men

Mens Masters/ Gold

Mens Silver/Bronze

Pairs Masters/Gold

Pairs Silver/Bronze

Duration: 1m40s

The maximum time is 1minute and 40 seconds but may be less. Vocal music is permitted

The artistic free skate is an athletic program which must include elements of the sport of figure skating. At least one (1) but a maximum of two (2) single jumps and at least one (1) but a maximum of two (2) spins **MUST** be included. No axel type jump or double jumps are allowed. Credit for jumps and spins is based solely on the ability of such movements to enhance the chosen theme and support the music. Credit will not be given for their technical difficulty.

Any element exceeding the maximum number as set forth above will be judged as an illegal element ( 2.0 deduction); if there is no jump or no spin element included or only a jump and no spin or vice versa a deduction for a “missing element” of 2.0 will be made. The Referee is responsible for such deductions.

The artistic program consists of a variety of skating moves selected for their value in enhancing the skater’s interpretation of the music rather than for their technical difficulty. Skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills.

Costumes should be simple, tasteful and selected to enhance the performance by appropriately reflecting the character of the music and theme.

Props may not be used in any part of the artistic programs. Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are **not permitted**. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

The artistic Artistic Free Skating event will be judged **only** on the basis of Presentation

Components (program components):

- Skating skills
- Transitions
- Performance/Execution
- Choreography/Composition
- Interpretation/Timing

There will be no technical panel and no technical mark given.

(See ISU Special Regulations and Technical Rules 2008 Singles & Pair Skating, Rule 522, paragraph 2 for a detailed description of Program Components).

Illegal elements:

- Somersault type jumps
- lying on the ice and prolonged and/or stationary kneeling on - both knees on the ice

**The respective Rules can be found on the ISU website.**

## **FACILITIES AND LOGISTICS**

There will be practice ice available at the Patinoire de Dunkerque . Please fill out the practice ice application and send it to:

Sally Hartwig

[Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

## **HOTELS**

In the accompanying letter we recommend hotels in different price categories. **For reservations, please contact them directly by sending them a fax (in English).**

There is also a possibility to lodge in the Youth Hostel right across the ice rink. More information is given in the accompanying letter.

## **COMPETITION ARENA**

The rink is a full olympic size rink, 56 m x 26 m, with plastic dashers. Located on the coast of the North Sea , next to the « Piscine » (swimming pool) and the « Office de Tourisme » (tourist office). Most hotels in walking dist

85 km from Lille airport. 1h 30 with the TGV, Paris-Dunkerque . 40 km from Calais , for those who will come by Ferry thru the tunnel under "La Manche". Local bus service Schedules are available at the Office de Tourisme.

## **ENTRIES AND REGISTRATION**

Entries must be postmarked no later than November 1<sup>st</sup>, 2010. Each event requires a separate entry form. Blank entry forms may be copied. Partner entries for pairs and dance must be mailed together in the same envelop.

Please mail directly to: Sally Hartwig and Aude Couvreur-Lamant

**E-mail**     [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

## **ENTRY FEES**

60 Euros for first singles event  
30 Euros for second singles event  
25 Euros for the third singles event  
15 Euros for the fourth singles event  
30 Euros for each partner of pair or dance team  
150 Euros for each synchronized team  
150 Euros for each theater on ice team  
The entry fee includes: Teams doing FS , one (1) 30-minute practice ice session.

All entries must be sent to the attention of the Registrar and must be either postmarked and mailed to

**M. Danny LAMANT**  
**144 rue Roger Salengro**  
**59430 SAINT-POL-SUR-MER**  
**FRANCE.**

**By October 15th , 2010 !**

***There will be a 10 percent deduction if inscriptions are paid by September 30th !***

In general, late entries will not be accepted. However, under unusual conditions, late entries may only be accepted at the discretion of the Organizing Committee and will carry a 20 Euro late entry fee.

If you withdraw from the competition and if we are notified before November 5, 2010

Refund Policy : The Organizing Committee will refund entrance fees less a 30 Euro processing charge. Full refunds will be given if we are notified before the close of entries, November 1st, 2010. No refunds will be given after November 15th, 2010, unless :

- The event is not held, and the skater does not wish to skate an exhibition. OR
- There is a death in the competitor's immediate family within a week of the competition
- The competitor has an injury or illness, therefore the competitor will need to send a letter signed by his/her physician showing inability to compete. If this is done one month prior the competition date, the participant will be fully refunded, two weeks prior the competition 50 percent refund, one week prior the competition 25 percent refund.

A 20 Euro charge will be made for all checks returned by the bank for any reason and payment must be made by cash, cashier's check or money order prior to the competition.

Currency : Payment of fees must be in Euros. For those coming from outside the

European community, please send payment in the form of a Bank money transfer. **Please take note to use the International Bank Account Number (IBAN) and (SWIFT) . ( see last page ).**

## **REGISTRATION**

The official Registration Desk will be open throughout the competition. Competitors must register promptly upon arrival.

## **AWARDS**

Awards will be presented to the 1st, 2nd, 3rd place winners in each event. Skaters should receive their awards in their competition outfit.

## **PREVISIONAL PLANNING**

To receive a tentative schedule (although not before November 15th, 2010 , please send an e-mail to:

**E-mail**     [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

## **SUPPLEMENTARY INFORMATION**

### **ADMISSIONS**

This event will be open to the public. There will be no fees charged.

### **MUSIC**

Only cassette tapes (no cases, please) or CDs ( standard compact disc format only ) will be accepted.

**BE CAREFUL NO MINI DISCS ACCEPTED!!** Cassettes and CDs must be clearly marked with name, event entered, length of music and side to be played. Each disc or cassette must have only ONE track on it. Any disc with more than one track will not be accepted! Lead in time ( time before the music begins may not exceed 3 seconds. Cassettes or CDs which are not properly identified will NOT be accepted. **Competition music must be turned in at registration** and will be available for pick up at the Registration Desk at the conclusion of the event. Tapes will not be mailed back to competitors. All competitors must have an additional duplicated cassette with them in the rink. The Organizers will accept no responsibility for damage to cassettes or loss of cassettes, but will take every precaution to ensure their safety. The Organizers will supply current dance music for compulsory dances.

## **PLANNED PROGRAM**

When submitting music each skater, pair, or couple also shall submit their planned program content, including the elements, with an appropriate time code, for each event of the competition.

## **VIDEO TAPING**

Those interested in videotaping must obtain permission upon arrival at the competition. It will be restricted to one area. Except for the official Videographers, only battery operated cameras will be permitted.

## **MEDICAL**

Qualified medical personnel will be on site from the start of official practices until the end of the event.

## **ADDITIONAL INFORMATION**

The current Rules and Regulations may be subject to change in accordance with the Referee.

Further questions regarding the 2010 Adult Open Competition in Dunkerque, France can be answered by contacting:

Sally Hartwig  
Tel. + 33 (0)672 34 63 82 (portable), +33 (0)351 59 76 12 (home)

**E-mail** [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

**Please remember the time difference between your home country and France before telephoning**

# **INSCRIPTION FORMS**

## **INSCRIPTION FORM DANSE/ FREESTYLE**

Inscriptions must be sent in no later than NOVEMBER 1st , 2010

*Partners must complete seperate entry forms*

Name	License n° USFSA, CFSA, NISA, other	Sex: F M
Adress	Country	City/ zip code
e-mail or fax	Age on 11/1/2010	Date of birth
Ice Skating Club : Artistique /Danse	Name of partner	e-mail or fax

ISU/ISI

Artistique:

Danse:

Fill in category, age and gender :

YA ( ) 18-27

Class I ( ) 28-36

Class II ( ) 37-46

Class III ( ) 47-55

Class IV ( ) 56+

*Check in the events you wish to participate in :*

<b>Freeskate</b>	<b>CreativeSkating Skills</b>	<b>Artistic Free Skate</b>	<b>Solo Dance</b>
<p><b>Solo</b> Elite Masters Gold Silver Bronze Pre-Bronze</p> <p><b>Pairs</b> Masters Adult Gold Adult Silver Adult Bronze</p>	<p><b>Solo</b> Masters Gold Silver Bronze</p>	<p><b>Solo</b> Elite Masters Gold <i>(Masters and Gold Levels combined, however divided by age classes)</i> Silver Bronze <i>( Silver and bronze levels combined, however divided by age classes)</i></p> <p>Theme..... .....</p> <p><b>Pairs</b> Elite Masters Gold <i>(Masters and Gold Levels combined )</i> Silver Bronze <i>( Silver and bronze levels combined )</i></p> <p>Theme..... .....</p>	<p>Master Gold Silver Bronze Pre-Bronze</p> <p><b>Solo Free Dance</b> Master Gold Silver Bronze</p> <p><b>Solo OD Dance</b> Master Gold Silver Bronze</p> <p><b>Pairs Dance</b> Elite Masters Gold Silver Bronze</p> <p><b>Pairs Free Dance</b> Elite Masters Gold Silver Bronze</p> <p><b>Pairs Short Dance</b> Elite Masters Gold Silver</p>

**CERTIFICATION BY CLUB OFFICER OR TEST CHAIR:**

I CERTIFY THAT THE SKATER BELOW IS AN ELIGIBLE AMATEUR IN GOOD STANDING AND PROPERLY QUALIFIED TO PARTICIPATE IN THE EVENTS ENTERED:

Print  
Name: \_\_\_\_\_

Signed  
Name: \_\_\_\_\_

Club Officer or Test  
Chairman/Club: \_\_\_\_\_

\*\*\*\*\*

**ACCIDENTS WAIVER :**

The FFSG, the Clubs or organizers of competitions undertake no responsibility for damages or injuries by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation herein, all entrants and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, or connected with the conduct and management of the competition, and to waive and release any and all claims which they have against any officials, the FFSG, the club holding the competition and its officers, and their entries shall be accepted only on such condition.

SKATER'S SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

\*\*\*\*\*

## **SATURDAY EVENING DINNER RESERVATION FORM**

A Saturday evening Dinner will be planned , for the 4th of December 2010.  
The Dinner buffet will cost 15 € per person . The Dinner buffet is free if participating skater  
Has entered three events.

If you wish to join us please fill in the following :

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State/city \_\_\_\_\_ Zip code: \_\_\_\_\_

Number of meals :..... × 15 € = ..... €

**The reservation of the Dinner must be turned in with the competition inscription . A  
Ticket will be given along with our participants welcoming's Folder of the Dune of  
Flanders Event.**

To complete your entry, include entry fees and all completed forms. All information must be complete to insure entry into this competition. Pair and Dance Teams must send both applications (1 for each partner) together in the same envelope. **DEADLINE FOR POSTMARK IS NO LATER THAN MIDNIGHT, NOVEMBER 1st , 2010.**

**PAYMENT INFORMATION**

The rules for competition entry fee payment conditions are as follows :

- ( ) by Check in Euros written out to Dunkerque Patinage
- or : ( ) thru a bank money transfer sent to the following account :

Club Name and Adress:  
 ASS DUNKERQUE PATINAGE  
 0144 RUE ROGER SALENGRO  
 59430 ST POL SUR MER

Bank Name and Adress:  
 Caisse Régionale de Crédit Agricole Mutuel Du Nord  
 10, Avenue Foch- B.P. 369 – 59020 Lille Cedex  
 Tél. 03.20.63.78.08



FRANCE	CODE BANQUE	CODE GUICHET	N° DE COMPTE	CLE RIB
	16706	05035	50078393004	71

**FOR INTERNATIONAL MONEY TRANSFERS...  
 USE THE FOLLOWING INTERNATIONAL BANK ACCOUNT NUMBER (IBAN)**

FR76 1670 6050 3550 0783 9300 471

Bank Identification Code ( SWIFT )  
 AGRIFRPP867

## **COMPULSORY DANCE EVENT :**

General

Each couple consists of a man and a lady. The man skates the pattern of the male steps, the lady skates the lady's pattern.

There will be two distinct age categories:

Young adult : 18 – 27 years

Adult: 28 years and over

The Referee will indicate the starting point of each dance.

Factors in each dance for Program Components      Skating Skills 0,75  
                                                                                                                         Performances 0,50  
                                                                                                                         Interpretation 0,50 Timing  
                                                                                                                         0,75

The official ISU Compulsory Dance music will be used

<b>MASTERS</b>	# 14 Valse Quickstep (4 séquences) # 24 Blues (3 séquences)
<b>GOLD</b>	# 14 Valse Quickstep (4 séquences) # 22 Blues (3 séquences)
<b>PRE-GOLD</b>	# 14 Valse Starlight et # 16 Paso Doble
<b>SILVER</b>	# 3 Rocker Foxtrot (4 séquences) # 5 American Waltz ( 2 séquences )
<b>BRONZE</b>	# 1 Pas de Quatorze (3 séquences) # 3 Foxtrot (2 séquences)
<b>PRE - BRONZE</b>	# d) Willow Waltz # j) Fiesta Tango

--	--

## **SOLO DANCE**

Rule 3367, paragraphe 2 and Communication 73)

**Open to ice dancers of either gender.**

**The skater is allowed to take part in maximum two categories and only one level higher than tests passed.**

<b>GOLD</b>	*14 Quickstep *24 Blues
<b>PRE-GOLD</b>	*20 Silver Samba *7 Viennese Waltz
<b>SILVER</b>	*9 Starlight Waltz *16 Paso Doble
<b>PRE-SILVER</b>	*3 Rocker Foxtrot *5 American Waltz
<b>BRONZE</b>	*1 Fourteen Step *2 Foxtrot
<b>PRE-BRONZE</b>	*E Tango Fiesta *F Willow Waltz

### **Solo Gold Dance Interpretation**

According to rule 1501 to 1504 and Communication 73.

Requirements: 2 minutes +/- 10 seconds

Combined Pause including a spiral

SPIN: Only one (1) spin Minimum 3 revolutions on one foot

STEP SEQUENCES: One circular step sequence clockwise or anticlockwise using a variety of continuous steps and turns. No jumps, stops or spins allowed.

TWIZZLES : One series of Twizzles

### **Solo Silver Dance Interpretation**

According to rule 1501 to 1504 and Communication 73.

Requirements: 2 minutes +/- 10 seconds

Combined Pause including a spiral

SPIN: Only one (1) spin Minimum 3 revolutions on one foot

STEP SEQUENCES: One circular step sequence clockwise or anticlockwise using a variety of continuous steps and turns. No jumps, stops or spins allowed.

TWIZZLES : One series of Twizzles

### **Solo Bronze Dance Interpretation**

According to rule 1501 to 1504 and Communication 73.

Requirements: 1 minutes 30s +/- 10 seconds

Combined Pause

SPIN: Only one (1) spin Minimum 3 revolutions on one foot

STEP SEQUENCES: One straight line step sequence using a variety of continuous steps and turns. No jumps, stops or spins allowed.

### **Solo Pre- Bronze Dance Interpretation**

According to rule 1501 to 1504 and Communication 73.

Requirements: 1 minutes 30s +/- 10 seconds

Combined Pause

SPIN: Only one (1) spin Minimum 3 revolutions on one foot

STEP SEQUENCES: One straight line step sequence using a variety of continuous steps and turns. No jumps, stops or spins allowed.

## **SOLO FREEDANCE PROGRAM**

**Open to ice dancers of either gender.**

**Two (2) age categories**

- |                 |                   |
|-----------------|-------------------|
| 1. Young Adults | 18 - 27 years old |
| 2. Adults       | 28 + years old    |

The 6.0 judging system will be use.

Test Requirements:

Skaters can enroll in the appropriate category corresponding to their last Ice Dance test

### **Gold Solo Free Dance and Silver Solo Free Dance**

Duration: 2 min 10 seconds maximum (no penalty for shorter programmes)

Requirements: The Free Dance must contain

- one combined pause including a spiral
- one spin (min 2 revs on one foot) ( no combination )
- one diagonal step sequence
- one series of twizzles
- two stops max. 5 sec. authorized for expression and character of program

### **Bronze and Pre-Bronze Solo Free Dance**

Duration: 1 min 30 seconds maximum (no penalty for shorter programmes)

Requirements: The Free Dance must contain

- one combined pause including a spiral
- one spin (min 2 revs on one foot) ( no combination )
- one circular step sequence including turns clockwise direction
- one series of twizzles
- two stops max. 5 sec. authorized for expression and character of program

## **COUPLES FREE DANCE**

Requirements for a well-balanced program and to be constructed in accordance with Rule 610 with the following modifications :

Music: vocal music is permitted in this competition. However the following rule denotes beat and melody to be applied.

“The music may be vocal and must have audible beat and melody, or audible rhythmic beat alone, but not melody alone. The couples should skate to the rhythmic beat and not to the melody alone. A program that displays a change of tempo and a well balanced use of melody, rhythmic beat and musical accents and not melody alone is considered to be of higher quality because it shows a greater variety of dancing skills and reflects the concept of ice dancing as a competitive sport.”

Factors in the Free Dance

The multiplying factors for the Program components for the Free Dance are:

Skating Skills 1,25

Transitions, Linking Footwork, Movements 1,75

Performance, Execution 1,00

Choreography, Composition 1,00

Interpretation, Timing 1,00

CATEGORY	Dance Lifts	Dance Spin	Step Sequences	Synchronized Twizzles
<b>MASTERS</b> <b>3m10s</b> <b>max</b>	<ul style="list-style-type: none"> <li>• A maximum of two (2) different dance lifts, 1 short lift with a maximum duration of 6 sec. and 1 long lift with a maximum duration of 12 seconds;</li> </ul>	<ul style="list-style-type: none"> <li>• A maximum of one (1) Dance Spin, with optional position, consisting of at least three (3) rotations on one foot for each partner. A simple spin with no change of foot or a Combination Spin with a change of foot are permitted. (see ISU Communication 1496 and 1522).</li> </ul>	A maximum of one (1) Diagonal or Midline Step Sequence, in varied hold.	A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between. (See ISU Communication 1496 and 1522).
<b>GOLD</b> <b>3m10s</b> <b>max</b>	<ul style="list-style-type: none"> <li>• A maximum of two (2) different dance lifts, 1 short lift with a maximum duration of 6 sec. and 1 long lift with a maximum duration of 12 seconds;</li> </ul>	<ul style="list-style-type: none"> <li>• A maximum of one (1) Dance Spin, with optional position, consisting of at least three (3) rotations on one foot for each partner. A simple spin with no change of foot or a Combination Spin with a change of foot are permitted. (see ISU Communication 1496 and 1522).</li> </ul>	A maximum of one (1) Diagonal or Midline Sequence in varied hold.	A maximum of one (1) set of Synchronized Twizzles with up to three (3) steps between. (See ISU Communication 1496 and 1522).
<b>ADULT SILVER</b> <b>2m40s</b> <b>max</b>	A maximum of one (1) dance lift, with a maximum duration of 6 sec.	A maximum of one (1) dance spin with optional position, consisting of at least three (3) revolutions on one foot for each partner. A simple spin with no change of foot, or a combination spin with change of foot are permitted (see ISU Communications 1496 and 1522).	A maximum of one (1) Circular Step Sequence clockwise or anticlockwise	A maximum of one (1) set of Synchronized Twizzles. (see ISU Communication 1391).
<b>ADULT BRONZE</b> <b>2m10s</b> <b>max</b>	A maximum of one (1) dance lift, with a maximum duration of 6 sec.	A maximum of one (1) Dance Spin with optional positions. A simple spin with no change of foot consisting of at least three (3) revolutions for each partner or a Combination Spin with a change of foot consisting of at least three (3) rotations on each foot is permitted. (See ISU Communications 1522 and 1567.)	A maximum of one (1) Diagonal or Midline Step Sequence.	



## **COUPLES SHORT DANCE**

Duration: 2 min., 50 sec., +/- 10 sec

ICE DANCE Short Dance In accordance with ISU Technical Rules Ice Dance 2010, Rule 609 and all pertinent ISU Communications.

The composition of the Short Dance in the season 2010/11 will contain 5 Required Elements in total:

2 Required Elements in the Pattern Dance part: 2 sequences of the Viennese Waltz performed one after the other will be considered as two Required Elements

3 Required Elements in the Creative part (Short Lift, Midline Not-touching Step Sequence and Set of Sequential Twizzles)

Music for the entire Short Dance (including music for specified Pattern Dance) is provided by the couple and may be vocal.

The music for the specified Pattern Dance Viennese Waltz must be within the announced tempo range (51-53 measures of 3 beats per minute).

The Viennese Waltz may be skated anywhere in the Short Dance but it must be started with step #1 and skated toward the Judges (the step #1 of the dance must be skated on the left side from the Judges position). Two full sequences of the dance must be performed one after the other.

The choreography of the Creative part may be to the same rhythm as the specified Pattern Dance (Waltz) or to one or two of the rhythms chosen from the following rhythms: Foxtrot, Quickstep, Tango which can be included in any order.

## **FACILITIES AND LOGISTICS**

There will be practice ice available at the Patinoire de Dunkerque . Please fill out the practice ice application and send it to:

Sally Hartwig  
**E-mail** [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

## **HOTELS**

In the accompanying letter we recommend hotels in different price categories.

**For reservations, please contact them directly by sending them a fax (in English).**

There is also a possibility to lodge in the Youth Hostel right across the ice rink.

More information is given in the accompanying letter.

## **COMPETITION ARENA**

The rink is a full olympic size rink, 56 m x 26 m, with plastic dashers. Located on the coast of the North Sea , next to the « Piscine » (swimming pool) and the « Office de Tourisme » (tourist office). Most hotels in walking dist 85 km from Lille airport. 1h 30 with the TGV, Paris-Dunkerque . 40 km from Calais , for those who will come by Ferry thru the tunnel under "La Manche". Local bus service Schedules are available at the Office de Tourisme.

## **ENTRIES AND REGISTRATION**

Entries must be postmarked no later than October 15th 2010. Each event requires a separate entry form. Blank entry forms may be copied. Partner entries for pairs and dance must be mailed together in the same envelop. Please mail directly to:

Sally Hartwig  
**E-mail** [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

## **ENTRY FEES**

60 Euros for first singles event  
30 Euros for second singles event  
25 Euros for the third singles event  
15 Euros for the fourth singles event  
30 Euros for each partner of pair or dance team  
150 Euros for each synchronized team  
150 Euros for each theater on ice team  
The entry fee includes: Teams doing FS , one (1) 30-minute practice ice session.

All entries must be sent to the attention of the Registrar and must be either postmarked and mailed to

**M. Danny LAMANT**  
**144 rue Roger Salengro**  
**59430 SAINT-POL-SUR-MER**  
**France**

**by October 15th, 2010 !**

***There will be a 10 percent deduction if inscriptions are paid by September 30<sup>th</sup> !***

In general, late entries will not be accepted. However, under unusual conditions, late

entries may only be accepted at the discretion of the Organizing Committee and will carry a 20 Euro late entry fee.

If you withdraw from the competition and if we are notified before November 5, 2010

Refund Policy : The Organizing Committee will refund entrance fees less a 30 Euro processing charge. Full refunds will be given if we are notified before the close of entries, October 15th, 2010. No refunds will be given after November 5, 2010, unless :

- The event is not held, and the skater does not wish to skate an exhibition. OR
- There is a death in the competitor's immediate family within a week of the competition
- The competitor has an injury or illness, therefore the competitor will need to send a letter signed by his/her physician showing inability to compete. If this is done one month prior the competition date, the participant will be fully refunded, two weeks prior the competition 50 percent refund, one week prior the competition 25 percent refund.

A 20 Euro charge will be made for all checks returned by the bank for any reason and payment must be made by cash, cashier's check or money order prior to the competition.

Currency : Payment of fees must be in Euros. For those coming from outside the European community, please send payment in the form of a Bank money transfer. **Please take note to use the International Bank Account Number (IBAN) . ( see page 26 )**.

## **REGISTRATION**

The official Registration Desk will be open throughout the competition. Competitors must register promptly upon arrival.

## **AWARDS**

Awards will be presented to the 1st, 2nd, 3rd place winners in each event. Skaters should receive their awards in their competition outfit.

## **PREVISIONAL PLANNING**

To receive a tentative schedule (although not before November 15 2010 , please send an e-mail to:

**E-mail**      [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

## **SUPPLEMENTARY INFORMATION**

### **ADMISSIONS**

This event will be open to the public. There will be no fees charged.

## **MUSIC**

Only cassette tapes (no cases, please) or CDs ( standard compact disc format only ) will be accepted.

**BE CAREFUL NO MINI DISCS ACCEPTED!!** Cassettes and CDs must be clearly marked with name, event entered, length of music and side to be played. Each disc or cassette must have only ONE track on it. Any disc with more than one track will not be accepted! Lead in time ( time before the music begins may not exceed 3 seconds. Cassettes or CDs which are not properly identified will NOT be accepted. **Competition music must be turned in at registration** and will be available for pick up at the Registration Desk at the conclusion of the event. Tapes will not be mailed back to competitors. All competitors must have an additional duplicated cassette with them in the rink. The Organizers will accept no responsibility for damage to cassettes or loss of cassettes, but will take every precaution to ensure their safety. The Organizers will supply current dance music for compulsory dances.

## **PLANNED PROGRAM**

When submitting music each skater, pair, or couple also shall submit their planned program content, including the elements, with an appropriate time code, for each event of the competition.

## **VIDEO TAPING**

Those interested in videotaping must obtain permission upon arrival at the competition. It will be restricted to one area. Except for the official Videographers, only battery operated cameras will be permitted.

## **MEDICAL**

Qualified medical personnel will be on site from the start of official practices until the end of the event.

## **ADDITIONAL INFORMATION**

The current Rules and Regulations may be subject to change in accordance with the Referee.

Further questions regarding the 2009 Adult Open Competition in Dunkerque, France can be answered by contacting:

Sally Hartwig  
**+33 672 34 63 82 (portable)**  
**E-mail** [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

**Please remember the time difference between your home country and France before telephoning**

# INSCRIPTION FORMS

## INSCRIPTION FORM DANSE/ FREESTYLE

Inscriptions must be sent in **no later than OCTOBER 15th , 2010**

*Partners must complete separate entry forms*

Name	License n° USFSA, CFSA, NISA, other	Sex: F      M
Adress	Country	City/ zip code
e-mail or fax	Age on 10/15/2010	Date of birth
Ice Skating Club : Artistique /Danse	Name of partner	e-mail or fax

ISU/ISI

Artistique:

Danse:

Fill in category, age and gender :

18-27     28-36     37-46     47-55     56+

**Check in the events you wish to participate in :**

<p><b>Freeskate</b></p> <p><b>Solo</b> Elite Masters Gold Silver Bronze Pre-Bronze</p> <p><b>Pairs</b> Masters Adult Gold Adult Silver Adult Bronze</p>	<p><b>Creative Skating Skills</b></p> <p><b>Solo</b> Masters Gold Silver Bronze</p>	<p><b>Artistic Free Skate</b></p> <p><b>Solo</b> Elite Masters Gold <i>(Masters and Gold Levels combined, however divided by age classes)</i> Silver Bronze <i>( Silver and bronze levels combined, however divided by age classes)</i></p> <p>Theme..... .....</p> <p><b>Pairs</b> Elite Masters Gold <i>(Masters and Gold Levels combined )</i> Silver Bronze <i>( Silver and bronze levels combined )</i></p> <p>Theme..... .....</p>	<p><b>Solo Dance</b> Gold Pre-Gold Silver <input type="checkbox"/> Pre-Silver Bronze Pre-Bronze</p> <p><b>Solo Free Dance</b> Gold Silver Bronze</p> <p><b>Solo Danse Interp</b> Gold Silver Bronze <input type="checkbox"/> Pre-Bronze</p> <p><b>Pairs Dance</b> Masters Gold Silver Bronze <input type="checkbox"/> Pre-Bronze</p> <p><b>Pairs Free Dance</b> Masters Gold Silver <input type="checkbox"/> Bronze</p> <p><b>Pairs Short Dance</b> Masters Gold Silver</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

**CERTIFICATION BY CLUB OFFICER OR TEST CHAIR:**

I CERTIFY THAT THE SKATER BELOW IS AN ELIGIBLE AMATEUR IN GOOD STANDING

AND PROPERLY QUALIFIED TO PARTICIPATE IN THE EVENTS ENTERED:

Print  
Name: \_\_\_\_\_

Signed  
Name: \_\_\_\_\_

Club Officer or Test  
Chairman/Club: \_\_\_\_\_

\*\*\*\*\*

**ACCIDENTS WAIVER :**

The FFSG, the Clubs or organizers of competitions undertake no responsibility for damages or injuries by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation herein, all entrants and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, or connected with the conduct and management of the competition, and to waive and release any and all claims which they have against any officials, the FFSG, the club holding the competition and its officers, and their entries shall be accepted only on such condition.

SKATER'S  
SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

\*\*\*\*\*

**SATURDAY EVENING DINNER RESERVATION FORM**

A Saturday evening Dinner will be planned , for the 9th of December 2009.  
The Dinner buffet will cost 15 € per person .  
If you wish to join us please fill in the following :

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State/city \_\_\_\_\_ Zip code: \_\_\_\_\_

Number of meals :..... × 15 € = ..... €

**The reservation of the Dinner must be turned in with the competition inscription . A Ticket will be given along with our participants welcoming's Folder of the Dune of Flanders Event.**

\*\*\*\*\*

To complete your entry, include entry fees and all completed forms. All information must be complete to insure entry into this competition. Pair and Dance Teams must send both applications (1 for each partner) together in the same envelope. **DEADLINE FOR POSTMARK IS NO LATER THAN MIDNIGHT, OCTOBER 15th , 2009.**

### PAYMENT INFORMATION

The rules for competition entry fee payment conditions are as follows :

( ) by Check in Euros written out to Dunkerque Patinage

or : ( ) thru a bank money transfer sent to the following account :

Club Name and Adress:

ASS DUNKERQUE PATINAGE  
0144 RUE ROGER SALENGRO  
59430 ST POL SUR MER

Bank Name and Adress:

Caisse Régionale de Crédit Agricole Mutuel Du Nord  
10, Avenue Foch- B.P. 369 – 59020 Lille Cedex  
Tél. 03.20.63.78.08

**CRÉDIT AGRICOLE NORD DE FRANCE**

**RELEVÉ D'IDENTITÉ BANCAIRE (R.I.B.)**

FRANCE | code banque | code guichet | numéro de compte | clé RIB  
 16706 | 05035 | 50078393004 | 71

International Bank Account Number (IBAN)  
 FR76 1670 6050 3550 0783 9300 471

Bank Identifier Code (BIC)  
 AGRIFRPP867

domiciliation DUNKERQUE 08.10.00.05.35 | nom et adresse du titulaire  
 ASS DUNKERQUE PATINAGE.  
 0144 RUE ROGER SALENGRO  
 59430 ST POL SUR MER

CRÉDIT AGRICOLE NORD DE FRANCE  
 10, avenue Foch - 59020 LILLE Cedex

FRANCE	CODE BANQUE	CODE GUICHET	N° DE COMPTE	CLE RIB
	16706	05035	50078393004	71

**FOR INTERNATIONAL MONEY TRANSFERS...**

**USE THE FOLLOWING INTERNATIONAL BANK ACCOUNT NUMBER (IBAN)**

FR76 1670 6050 3550 0783 9300 471

Bank Identification Code ( SWIFT )

AGRIFRPP867

## **ADULT SYNCHRONIZED TEAM SKATING**

The Free Program must be skated according to ISU Rules 2008 (Special Regulations Synchronized Skating 2009, Technical Rules Synchronized Skating, ISU Communications No. 1393, 1529 and 1532).  
The Synchronized Skating competition will not be held unless at least three (2) teams are entered.

There will be 2 distinct age categories:

**YOUNG ADULT:** A team of 12 to 16 skaters.

The skaters must be 18 years or older the day of the competition. 50% of the team must be 25 years old on competition day.

Music time: min 2m30s, max 3m30s

**ADULT :** A team of 12-16 skaters. Skaters must be 28 years or older on competition day.

Music time: min 2m30s, max 3m30s

### **Synchronized Skating**

### **Free Skating**

A team shall consist of 12 to 16 skaters and may include both ladies and men. Skaters must meet the age requirements as stated in this announcement.

The teams must skate a balanced Free Skating Program which may contain the following eight (8) elements

- \* one (1) block;
- \* one (1) circle;
- \* one (1) line;
- \* one (1) wheel;
- \* two (2) intersections;
- \* one (1) movement in isolation;
- \* one (1) element to be selected from block, circle or line.

The first executed element and the first two executed intersections will be taken into consideration as elements with a value, will be called and will consequently also count for points.

Other elements may be incorporated into the Free Skating Program and will be judged as transitions and/or choreography components.

**Holds:** Minimum of three (3) different handholds are required. There will be a deduction made by the Referee if there are not the required numbers of handholds in the program.

Duration:	Minimum of 2:30 min and a maximum of 3:30	0
Factors	Free Skating: for Program Components 1.6	0
Music	Vocal music using lyrics is permitted. Rule 911, paragraph 1 i) shall apply.	

**Each team will be allowed one minute of warm up without music immediately prior to their performance.**

## **FACILITIES AND LOGISTICS**

There will be practice ice available at the Patinoire de Dunkerque . Please fill out the practice ice application and send it to:

Sally Hartwig  
Sallyhartwig@hotmail.com

## **HOTELS**

In the accompanying letter we recommend hotels in different price categories. **For reservations, please contact them directly by sending them a fax (in English).**

There is also a possibility to lodge in the Youth Hostel right across the ice rink. More information is given in the accompanying letter.

## **COMPETITION ARENA**

The rink is a full olympic size rink, 56 m x 26 m, with plastic dashers. Located on the coast of the North Sea , next to the « Piscine » (swimming pool) and the « Office de Tourisme » (tourist office). Most hotels in walking dist 85 km from Lille airport. 1h 30 with the TGV, Paris-Dunkerque . 40 km from Calais , for those who will come by Ferry thru the tunnel under "La Manche". Local bus service Schedules are available at the Office de Tourisme.

## **ENTRIES AND REGISTRATION**

A registration table will be maintained throughout the competition and will open prior to the first practice ice session during the week. The registration table's location will be clearly marked. Teams **MUST** register **BEFORE** their first practice. At registration, music must be turned in and team roster will be confirmed.

Entries must be postmarked no later than October 15th 2010. Each event requires a separate entry form. Blank entry forms may be copied. Please mail directly to:

Sally Hartwig

**E-mail** [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

## **ENTRY FEES**

150 Euros for each synchronized team

150 Euros for each theater on ice team

The entry fee includes: Teams doing FS , one (1) 30-minute practice ice session.

All entries must be sent to the attention of the Registrar and must be either postmarked and mailed to

**M. Danny LAMANT**  
**144 rue Roger Salengro**  
**59430 SAINT-POL-SUR-MER**  
**France**  
**by October 15th, 2010 !**

***There will be a 10 percent reduction fee if inscriptions are paid by September 30<sup>th</sup> !***

In general, late entries will not be accepted. However, under unusual conditions, late entries may only be accepted at the discretion of the Organizing Committee and will carry a 20 Euro late entry fee.

If you withdraw from the competition and if we are notified before November 5, 2010

Refund Policy : The Organizing Committee will refund entrance fees less a 30 Euro processing charge. Full refunds will be given if we are notified before the close of entries, October 15th, 2010. No refunds will be given after November 5, 2010, unless :

- The event is not held, and the skater does not wish to skate an exhibition. OR
- There is a death in the competitor's immediate family within a week of the competition
- The competitor has an injury or illness, therefore the competitor will need to send a letter signed by his/her physician showing inability to compete. If this is done one month prior the competition date, the participant will be fully refunded, two weeks prior the competition 50 percent refund, one week prior the competition 25 percent refund.

A 20 Euro charge will be made for all checks returned by the bank for any reason and payment must be made by cash, cashier's check or money order prior to the competition.

Currency : Payment of fees must be in Euros. For those coming from outside the European community, please send payment in the form of a Bank money transfer. **Please take note to use the International Bank Account Number (IBAN) .**

## **AWARDS**

Medals will be awarded to each team member for 1st through 4th place in each event. Certificates of participation will be awarded to the members of all teams. An on-ice award ceremony is planned at the end of each competition day.

## **PREVISIONAL PLANNING**

To receive a tentative schedule (although not before November 15 2010 , please send an e-mail to:

**E-mail**     [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

## **SUPPLEMENTARY INFORMATION**

### **ADMISSIONS**

This event will be open to the public. There will be no fees charged.

### **MUSIC**

Only CDs ( standard compact disc format only ) will be accepted.

**BE CAREFUL NO MINI DISCS ACCEPTED!!** Cassettes and CDs must be clearly marked with name, event entered, length of music and side to be played. Each disc or cassette must have only ONE track on it. Any disc with more than one track will not be accepted! Lead in time ( time before the music begins may not exceed 3 seconds. Cassettes or CDs which are not properly identified will NOT be accepted. **Competition music must be turned in at registration** and will be available for pick up at the Registration Desk at the conclusion of the event. Tapes will not be mailed back to competitors. All competitors must have an additional duplicated cassette with them in the rink. The Organizers will accept no responsibility for damage to cassettes or loss of cassettes, but will take every precaution to ensure their safety. The Organizers will supply current dance music for compulsory dances.

### **VIDEO TAPING**

Those interested in videotaping must obtain permission upon arrival at the competition. It will be restricted to one area. Except for the official Videographers, only battery operated cameras will be permitted.

### **MEDICAL**

Qualified medical personnel will be on site from the start of official practices until the end of the event.

### **ADDITIONAL INFORMATION**

The current Rules and Regulations may be subject to change in accordance with the Referee.

Further questions regarding the 2009 Adult Open Competition in Dunkerque, France can be answered by contacting:

Sally Hartwig  
Tel. + 33 351 59 76 12 (home), +33 672 34 63 82 (portable)

**E-mail**     [Sallyhartwig@hotmail.com](mailto:Sallyhartwig@hotmail.com)

**Please remember the time difference between your home country and France before telephoning**

**INSCRIPTION FORM SYNCHRONIZED TEAM SKATING**

Date of inscription no later than : **October 15th, 2010**

**Team Name:** \_\_\_\_\_ **Club:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
**Contact Person:** \_\_\_\_\_ **E-mail** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **Phone: (Home)** \_\_\_\_\_

Circle Category:                      ADULTS                      MASTERS

	Name and family names of skaters	Type and license number	Date of birth	Age on 01/07/10	Sex
1					
2					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

**CERTIFICATION BY CLUB OFFICER OR TEST CHAIR:**

I CERTIFY THAT THE PARTICIPANTS ABOVE ARE PART OF AN ELIGIBLE AMATEUR TEAM IN GOOD STANDING

AND PROPERLY QUALIFIED TO PARTICIPATE IN THE EVENTS ENTERED:

Print Team

Name: \_\_\_\_\_

Coach

Name: \_\_\_\_\_

Club Officer or Test

Chairman/Club: \_\_\_\_\_

\*\*\*\*\*

**ACCIDENTS WAIVER :**

The FFSG, the Clubs or organizers of competitions undertake no responsibility for damages or injuries by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation herein, all entrants and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by, or connected with the conduct and management of the competition, and to waive and release any and all claims which they have against any officials, the FFSG, the club holding the competition and its officers, and their entries shall be accepted only on such condition.

SKATER'S

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

\*\*\*\*\*

To complete your entry, include entry fees and all completed forms. All information must be complete to insure entry into this competition. **DEADLINE FOR POSTMARK IS NO LATER THAN MIDNIGHT, OCTOBER 15th , 2010.**

## **SATURDAY EVENING DINNER RESERVATION FORM**

A Saturday evening Dinner will be planned , for the 20th of December 2010.  
The Dinner buffet will cost 15 € per person .  
If you wish to join us please fill in the following :

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State/city \_\_\_\_\_ Zip code: \_\_\_\_\_

Number of meals : ..... × 15 € = ..... €

**The reservation of the Dinner must be turned in with the competition inscription . A Ticket will be given along with our participants welcoming's Folder of the Dune of Flanders Event.**

## **PAYMENT INFORMATION**

The rules for competition entry fee payment conditions are as follows :

( ) by Check in Euros written out to Dunkerque Patinage

or : ( ) thru a bank money transfer sent to the following account :

Club Name and Adress:  
ASS DUNKERQUE PATINAGE  
0144 RUE ROGER SALENGRO  
59430 ST POL SUR MER

Bank Name and Adress:  
Caisse Régionale de Crédit Agricole Mutuel Du Nord  
10, Avenue Foch- B.P. 369 – 59020 Lille Cedex  
Tél. 03.20.63.78.08

FRANCE			
code banque	code guichet	numéro de compte	clé RIB
16706	05035	50078393004	71
International Bank Account Number (IBAN)			
ETRANGER UNIQUEMENT			
FR76 1670 6050 3550 0783 9300 471			
Bank Identifier Code (BIC)			
AGRIFRPP867			
domiciliation	nom et adresse du titulaire		
DUNKERQUE 08.10.00.05.35	ASS DUNKERQUE PATINAGE. 0144 RUE ROGER SALENGRO 59430 ST POL SUR MER		

PRICOM  
CRÉDIT AGRICOLE NORD DE FRANCE  
10, avenue Foch - 59020 LILLE Cedex

<b>FRANCE</b>	<b>CODE BANQUE</b>	<b>CODE GUICHET</b>	<b>N° DE COMPTE</b>	<b>CLE RIB</b>
	16706	05035	50078393004	71

**FOR INTERNATIONAL MONEY TRANSFERS...  
USE THE FOLLOWING INTERNATIONAL BANK ACCOUNT NUMBER (IBAN)**

FR76 1670 6050 3550 0783 9300 471

Bank Identification Code ( SWIFT )  
AGRIFRPP867